



ROUTE WWR 3

7 Miles

- Left from pub, cross at pedestrian crossing & turn right taking the underpass to Shaftesbury Ave, continue on for about half a mile (just past Whitbourne Ave on left) & turn right onto cycle track.
- Follow the cycle track to the underpass at Dorcan Way, crossing Eldene Drive & passing Crumpled Horn pub on your left.
- Keep to cycle track as it passes under Edison Road & continue on (running adjacent to Dorcan Way).
- Continue on passing Dorcan School on your right, turn immediately left to the pedestrian crossing.
- Cross Dorcan Way, turn right & continue along Dorcan Way (LH side) to Messenger pub roundabout
- Carry on along Dorcan Way, passing Esso garage on your left, to Greenbridge Roundabout
- Turn left onto Drakes Way, continue all the way along Drakes Way to Queens Drive roundabout
- Turn left onto Queens Drive, cross at the pedestrian crossing and continue to Upham Road.
- Turn right onto Upham Road and continue to Drove Road
- Turn left and follow Drove Road up into Old Town and onto High Street
- Follow High Street onto Marlborough Road, bearing left at Pipers roundabout, back to pub

http://www.mapometer.com/running/route_1562235.html

5.4 Miles

- Left from pub, cross at pedestrian crossing & turn right taking the underpass to Shaftesbury Ave, continue on for about half a mile (just past Whitbourne Ave on left) & turn right onto cycle track.
- Follow the cycle track to the underpass at Dorcan Way, crossing Eldene Drive & passing Crumpled Horn pub on your left.
- Keep to cycle track as it passes under Edison Road & continue on (running adjacent to Dorcan Way).
- Continue on passing Dorcan School on your right, turn immediately left to the pedestrian crossing.
- Cross Dorcan Way, turn right & continue along Dorcan Way (LH side) to Messenger pub roundabout
- Carry on along Dorcan Way, passing Esso garage on your left, to Greenbridge Roundabout
- Turn left onto Drakes Way, continue all the way along Drakes Way to Queens Drive roundabout
- Turn left onto Queens Drive, cross at the pedestrian crossing & continue straight on back to pub.

http://www.mapometer.com/running/route_1562255.html

3.2 Miles

- Left from pub, cross at pedestrian crossing & turn right taking the underpass to Shaftesbury Ave, continue on for about half a mile and turn left onto Whitbourne Avenue
- Continue to the junction with Queens Drive and turn left along Queens Drive.
- Turn right onto Windsor Road and continue to the junction with Marlborough Road.
- Turn left and follow Marlborough Road back to the Sun Inn.

http://www.mapometer.com/running/route_1562357.html